



**Addiction Treatment & Prevention Services**  
**COMMUNITY & FAMILY RESOURCES**  
**PERSONAL ITEMS**  
**FOR PRIMARY RESIDENTIAL TREATMENT**

MEDICATIONS: 30 Day Supply in a labeled prescription bottle which has Physician's Name **and** a written prescription from the Physician.

Please bring enough personal grooming items/cigarettes/comfort items to last through your stay as you will not be getting a pass to shop while in residential.

**PERSONAL GROOMING:**

- \_\_\_\_\_ Deodorant soap
- \_\_\_\_\_ Shampoo
- \_\_\_\_\_ Toothpaste
- \_\_\_\_\_ Toothbrush
- \_\_\_\_\_ Deodorant
- \_\_\_\_\_ Hair dryer/Curling Iron
- \_\_\_\_\_ Hair spray
- \_\_\_\_\_ Styling gel/mousse
- \_\_\_\_\_ Cologne/Perfume
- \_\_\_\_\_ Comb/brush
- \_\_\_\_\_ Shaving kit
- \_\_\_\_\_ Make-up
- \_\_\_\_\_ Sanitary Supplies (Women)

**CLOTHING(ONLY 10 OUTFITS):**

- \_\_\_\_\_ Jeans
- \_\_\_\_\_ T-shirts
- \_\_\_\_\_ Underwear-socks
- \_\_\_\_\_ Shoes/athletic shoes
- \_\_\_\_\_ Pajamas
- \_\_\_\_\_ Slipper/robe
- \_\_\_\_\_ Sweat pants/tops
- \_\_\_\_\_ Shorts – Appropriate style

\_\_\_\_\_ Dress Clothing – for Church if desired

\_\_\_\_\_ Jacket/coat

\_\_\_\_\_ Flip-flops (for shower)

**MISCELLANEOUS:**

\_\_\_\_\_ Hard candy/gum

\_\_\_\_\_ Personal items

\_\_\_\_\_ Clock

\_\_\_\_\_ Money

\_\_\_\_\_ 2 Bath Towels

\_\_\_\_\_ Washcloth

\_\_\_\_\_ Phone card to make long distance calls

\_\_\_\_\_ Cigarettes (If you smoke)

\_\_\_\_\_ A Padlock with 2 Keys is very helpful (small one for lock box in room)

**DO NOT BRING THE FOLLOWING:**

Cell Phone (NOT ALLOWED)

Over the Counter Medication (unless have signed Dr. Orders)

Clothing with holes or that is tightly fitted

Clothing with Rock, Satan, Gang or Sexual Pictures or Sayings

Clothing advertising Bars, Beer, Drugs, Casinos or Gambling

Satanic Clothing or anything relating to Satanism – No Drawings of

Skulls, Satanism, ect...

Musical Instruments

Short Skirts/Shorts/Midriff Tops

Weapons (knives, scissors, mace, etc.)

Pornography

Contraband (**including scratch tickets, lottery tickets**)

Mouthwash (containing alcohol)

Video games

Cameras

